



# WINTER TRIATHLON ASSEN

27 oktober 2012

## NK Heren (Kwartafstand)

				Lopen	wissel1	Fietsen	wissel2	wissel3	Schaatsen	Totaal	
1.	6	Durk Fabriek	Haulerwijk	H24+	35:39 (6)	00:50 (5)	1:14:51 (1)	00:53 (9)	02:30 (19)	34:31 (4)	2:29:16
2.	13	Erik - Jan Spijkerman	Hoor	H24+	35:01 (2)	00:40 (1)	1:17:38 (4)	00:42 (1)	01:56 (6)	33:53 (2)	2:29:52
3.	1	Teun Sweere	Zevenbergen	H20+	35:20 (5)	01:19 (25)	1:17:08 (3)	00:59 (20)	02:45 (29)	33:36 (1)	2:31:10
4.	14	Richard Louman	Amsterdam	H24+	35:06 (3)	00:48 (3)	1:19:24 (5)	00:53 (8)	02:11 (9)	34:09 (3)	2:32:33
5.	27	Marco Glastra	Bilthoven	H40+	35:00 (1)	00:55 (9)	1:19:51 (6)	00:57 (17)	02:23 (16)	36:01 (12)	2:35:10
6.	31	Edwin Ophof	Raalte	H45+	37:26 (11)	01:06 (13)	1:16:56 (2)	00:55 (11)	02:44 (28)	36:02 (13)	2:35:13
7.	24	Martin Veenhuizen	Tynaarlo	H40+	35:20 (4)	00:40 (2)	1:23:32 (15)	00:55 (12)	01:42 (1)	35:42 (9)	2:37:54
8.	41	Marcel Witte	Amsterdam	H45+	36:27 (8)	00:54 (7)	1:22:06 (9)	01:04 (27)	02:22 (14)	35:35 (7)	2:38:30
9.	26	Kor Broers	Lemmer	H40+	36:45 (9)	00:54 (8)	1:22:12 (10)	00:45 (3)	02:23 (15)	35:32 (6)	2:38:33
10.	35	Johan Lek	Emmen	H45+	37:40 (12)	01:07 (14)	1:23:12 (13)	00:45 (2)	01:58 (7)	36:28 (15)	2:41:13
11.	10	Patrick Damen	Meer (België)	H24+	41:03 (25)	01:47 (44)	1:21:05 (8)	00:58 (18)	01:52 (4)	34:35 (5)	2:41:23
12.	11	Tiedo Tinga	Bolsward	H24+	36:00 (7)	00:53 (6)	1:23:14 (14)	00:52 (6)	01:53 (5)	39:38 (30)	2:42:32
13.	19	Sjoerd Brandt	Monnickendam	H40+	41:07 (28)	01:15 (21)	1:24:12 (18)	00:54 (10)	02:48 (31)	35:46 (10)	2:46:04
14.	23	Marcel ten Wolde	Groningen	H40+	40:43 (22)	01:07 (15)	1:27:01 (23)	00:56 (13)	01:48 (2)	35:35 (8)	2:47:12
15.	52	Arie Reurink	Balkbrug	H50+	39:40 (18)	01:51 (46)	1:20:35 (7)	01:23 (55)	03:16 (45)	40:38 (36)	2:47:25
16.	45	Peter Visscher	De Wijk	H45+	42:44 (38)	01:34 (33)	1:24:26 (20)	01:01 (23)	02:56 (36)	35:50 (11)	2:48:33
17.	28	Guido Gosselink	Ahaus-Alstätte (D)	H40+	37:53 (13)	00:49 (4)	1:24:12 (17)	01:35 (65)	02:21 (13)	42:08 (45)	2:49:00
18.	4	Daniel Nagel	Naarden	H24+	36:57 (10)	00:59 (10)	1:27:50 (27)	00:50 (4)	03:11 (43)	39:38 (31)	2:49:27
19.	12	Ronnie Takens	Utrecht	H24+	43:30 (42)	01:11 (19)	1:24:12 (19)	00:57 (16)	02:56 (35)	37:18 (20)	2:50:06
20.	34	Simon Kok	Deventer	H45+	44:07 (43)	01:01 (11)	1:23:03 (12)	01:00 (21)	02:38 (22)	39:23 (26)	2:51:15
21.	5	Eddy de Boer	Assen	H24+	39:59 (20)	01:07 (16)	1:28:59 (30)	01:19 (49)	02:12 (10)	37:48 (21)	2:51:26
22.	64	Her Tesselaar	Heerhugowaard	H55+	40:47 (23)	01:46 (42)	1:29:16 (31)	01:04 (28)	02:03 (8)	36:28 (16)	2:51:26
23.	22	Stefan van Dijk	IJsselmuiden	H40+	41:06 (26)	01:18 (24)	1:26:51 (22)	00:57 (15)	02:17 (12)	38:57 (25)	2:51:28
24.	37	Cees Verbeek	Geldermalsen	H45+	39:32 (16)	01:39 (39)	1:31:15 (36)	01:02 (24)	02:57 (37)	36:12 (14)	2:52:39
25.	56	Piet van Tol	Lisse	H50+	39:14 (14)	01:11 (18)	1:27:20 (24)	01:10 (34)	02:31 (20)	41:15 (41)	2:52:44
26.	29	Eric Kooistra	Emmen	H45+	41:42 (30)	01:52 (49)	1:27:41 (26)	00:52 (7)	02:37 (21)	40:57 (38)	2:55:44
27.	21	Lammert van der Ploeg	De Westereen	H40+	39:41 (19)	02:20 (65)	1:27:28 (25)	01:10 (33)	04:21 (67)	40:59 (39)	2:56:01
28.	71	Douwe Hessel Brouwer	Ferwert	H60+	46:11 (52)	01:22 (26)	1:28:25 (29)	01:05 (29)	02:39 (24)	36:35 (18)	2:56:19
29.	7	André Bazuin	Groningen	H24+	41:06 (27)	01:31 (30)	1:31:26 (37)	01:01 (22)	02:49 (33)	38:24 (23)	2:56:20
30.	58	Dirk Keekstra	Groningen	H55+	42:23 (35)	02:19 (64)	1:31:54 (42)	01:07 (31)	02:41 (27)	36:35 (19)	2:57:02
31.	50	Gerard Terwisscha Van Scheltinga	Haren	H50+	39:33 (17)	01:10 (17)	1:24:10 (16)	01:03 (25)	03:57 (59)	47:28 (61)	2:57:23
32.	63	Henk van de Belt	Huissen	H55+	43:29 (41)	01:28 (29)	1:31:37 (40)	01:08 (32)	03:09 (42)	36:33 (17)	2:57:28
33.	86	Herbert de Nijs	Ruinen	H45+	43:12 (39)	01:33 (31)	1:30:06 (33)	01:31 (62)	03:18 (46)	39:48 (32)	2:59:30
34.	43	Jan Veen	Assen	H45+	43:13 (40)	01:15 (22)	1:31:36 (38)	00:51 (5)	02:41 (26)	41:11 (40)	3:00:49
35.	15	Arjan Mulder	Wormer	H40+	41:52 (33)	01:37 (35)	1:33:59 (48)	01:53 (73)	02:48 (30)	39:24 (27)	3:01:35
36.	8	Bert Lip	Hardenberg	H24+	40:41 (21)	01:35 (34)	1:22:33 (11)	01:39 (70)	03:20 (48)	52:47 (74)	3:02:37
37.	38	Oscar de Jong	Doodstil	H45+	42:38 (37)	01:56 (52)	1:34:14 (49)	01:26 (57)	03:01 (39)	39:58 (34)	3:03:15
38.	80	Jan Stege	Wierden	H65+	44:57 (46)	01:37 (37)	1:33:09 (44)	01:03 (26)	02:26 (17)	40:05 (35)	3:03:19
39.	20	Vincent van Lieshout	Beek	H40+	40:51 (24)	02:19 (63)	1:26:03 (21)	02:15 (78)	03:19 (47)	49:04 (68)	3:03:54
40.	57	Herman Aalberts	Apeldoorn	H55+	44:36 (45)	01:15 (23)	1:30:37 (34)	01:14 (42)	02:16 (11)	43:54 (55)	3:03:55
41.	54	Jan van Loenen	Meteren	H50+	42:36 (36)	01:55 (51)	1:36:10 (53)	00:59 (19)	03:39 (53)	38:51 (24)	3:04:12
42.	59	Hans de Groot	Uithoorn	H55+	45:55 (50)	01:47 (43)	1:31:46 (41)	01:21 (53)	03:36 (50)	41:23 (42)	3:05:50
43.	40	Gert Kramer	Assen	H45+	46:28 (55)	01:49 (45)	1:30:57 (35)	01:17 (47)	03:05 (40)	43:41 (51)	3:07:18
44.	16	Gerrit Jansen	Assen	H40+	45:15 (47)	01:33 (32)	1:32:58 (43)	01:11 (37)	02:38 (23)	43:41 (52)	3:07:18
45.	84	Dick Benschop	Sleeuwijk	H70+	49:19 (67)	02:05 (59)	1:29:57 (32)	01:17 (48)	04:10 (62)	40:55 (37)	3:07:45
46.	44	Jurgen Kocken	Roelofarendsveen	H45+	41:50 (32)	01:23 (27)	1:38:49 (61)	03:32 (79)	01:51 (3)	42:23 (48)	3:09:50
47.	32	Jan Wullink	Vasse	H45+	39:29 (15)	01:57 (55)	1:28:00 (28)	01:25 (56)	04:49 (74)	54:09 (77)	3:09:52
48.	74	Leendert Wals	Ilpendam	H60+	49:26 (68)	02:31 (67)	1:37:13 (55)	01:10 (36)	02:39 (25)	37:54 (22)	3:10:55
49.	73	Pierre Klerken	Venlo	H60+	47:19 (58)	02:51 (72)	1:34:44 (51)	01:12 (39)	05:16 (76)	39:33 (29)	3:10:58
50.	70	Hans van Wijk	Beneden-Leeuwen	H60+	50:23 (71)	01:44 (41)	1:34:34 (50)	01:16 (45)	03:30 (49)	39:29 (28)	3:10:58
51.	51	Ger van Mossel	Leiden	H50+	46:05 (51)	02:33 (68)	1:33:54 (47)	01:28 (60)	05:26 (78)	41:46 (44)	3:11:14
52.	30	Roland Beumer	Norg	H45+	46:27 (54)	01:52 (48)	1:35:35 (52)	00:57 (14)	03:00 (38)	43:45 (54)	3:11:38
53.	67	Michel De Bleeker	Damme (België)	H60+	49:09 (66)	01:41 (40)	1:31:37 (39)	01:38 (67)	02:52 (34)	45:19 (56)	3:12:17
54.	42	Mark van Dijk	Zwaag	H45+	46:27 (53)	02:17 (62)	1:38:35 (59)	01:20 (51)	03:38 (52)	41:34 (43)	3:13:54
55.	49	Pieter de Jong	Oosterwolde	H50+	48:14 (62)	02:01 (57)	1:38:09 (57)	01:46 (71)	03:47 (56)	42:19 (47)	3:16:19
56.	62	Gerard van den Helder	Noorden	H55+	46:30 (56)	02:52 (74)	1:33:10 (45)	01:20 (50)	04:13 (65)	48:41 (65)	3:16:48
57.	46	Michiel van Niekerk	Nieuwerkerk Ad IJssel	H45+	42:19 (34)	02:33 (69)	1:38:20 (58)	01:34 (64)	04:20 (66)	47:50 (62)	3:16:58





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58.	72	Siem Tesselaar	Alkmaar	H60+	45:21 (48)	01:51 (47)	1:46:07 (73)	01:13 (40)	03:16 (44)	39:48 (33)	3:17:38
59.	18	Jordi de Vreede	Den Haag	H40+	44:31 (44)	01:38 (38)	1:44:40 (70)	01:27 (59)	03:50 (57)	42:14 (46)	3:18:23
60.	39	Richard Bruins	Venray	H45+	47:08 (57)	02:48 (71)	1:33:46 (46)	01:26 (58)	04:38 (70)	51:35 (71)	3:21:23
61.	75	Tonny Koelen	Borne	H60+	48:30 (64)	02:01 (58)	1:38:41 (60)	01:22 (54)	04:41 (72)	46:39 (60)	3:21:56
62.	36	Jos van der Velden	Almere	H45+	47:20 (59)	03:40 (79)	1:36:24 (54)	01:36 (66)	04:24 (68)	49:19 (69)	3:22:46
63.	53	Leo Beukeboom	Paterswolde	H50+	45:51 (49)	01:53 (50)	1:43:02 (68)	01:55 (74)	02:49 (32)	47:58 (63)	3:23:30
64.	82	Gerard Brugman	Hazerswoude	H65+	48:33 (65)	03:36 (78)	1:39:50 (63)	01:39 (69)	06:14 (79)	43:39 (50)	3:23:34
65.	79	Jos van der Lee	Ter Aar	H65+	53:26 (75)	03:53 (80)	1:37:25 (56)	01:38 (68)	03:41 (54)	43:44 (53)	3:23:51
66.	65	Frens Luning	Zwolle	H55+	50:23 (70)	03:29 (77)	1:40:32 (64)	02:11 (77)	04:09 (61)	43:16 (49)	3:24:03
67.	68	Eduard Borst	Ursem	H60+	50:23 (69)	03:06 (76)	1:38:57 (62)	01:12 (38)	04:47 (73)	48:23 (64)	3:26:50
68.	81	Lambert Veen	Ter Aard	H65+	54:33 (79)	01:26 (28)	1:41:25 (66)	01:05 (30)	03:06 (41)	46:14 (59)	3:27:52
69.	78	Ype van Olst	Drachten	H65+	54:44 (80)	01:56 (53)	1:40:58 (65)	01:17 (46)	03:55 (58)	45:55 (58)	3:28:47
70.	9	Alexander Schrader	Spankeren	H24+	41:38 (29)	01:13 (20)	1:47:01 (75)	01:14 (44)	04:34 (69)	53:50 (76)	3:29:33
71.	33	Guido Driescher	Mlheim Ruhr	H45+	47:25 (60)	02:56 (75)	1:46:12 (74)	01:14 (43)	03:44 (55)	51:14 (70)	3:32:48
72.	61	Erik Nijland	Den Haag	H55+	51:52 (72)	02:12 (60)	1:47:55 (76)	01:48 (72)	03:59 (60)	45:54 (57)	3:33:41
73.	66	Bert van der Stoep	Hatterm	H60+	52:29 (74)	02:01 (56)	1:42:13 (67)	01:10 (35)	04:38 (71)	53:04 (75)	3:35:37
74.	69	Ad Beers	Heerhugowaard	H60+	48:12 (61)	02:47 (70)	1:44:40 (71)	02:09 (76)	05:26 (77)	52:23 (73)	3:35:39
75.	25	Martin Willems	Assen	H40+	48:17 (63)	01:37 (36)	1:49:15 (77)	01:21 (52)	02:28 (18)	54:58 (78)	3:37:58
76.	83	Geert Klungel	Smilde	H70+	54:20 (76)	02:52 (73)	1:44:52 (72)	01:13 (41)	04:51 (75)	52:22 (72)	3:40:33
77.	60	Jan Bos	Zwolle	H55+	54:26 (77)	01:56 (54)	1:50:51 (78)	01:55 (75)	03:36 (51)	48:48 (66)	3:41:35
78.	17	Johan van der Weide	Gramsbergen	H40+	52:25 (73)	02:16 (61)	1:43:27 (69)	01:32 (63)	04:10 (63)	58:20 (79)	3:42:12
79.	77	Johan Schrader	Spankeren	H65+	54:31 (78)	02:22 (66)	1:50:59 (79)	01:28 (61)	04:11 (64)	48:51 (67)	3:42:24
55.		Jack Lenssen	Oostrum	H50+	41:48 (31)	01:06 (12)					DSQ

