



WINTER TRIATHLON ASSEN

25-26 oktober 2013

Kwartafstand NK

				Lopen	Fietsen	wissel	Schaatsen	Totaal	Achter	
1.	2	Teun Sweere	Zevenbergen	H24+	36:11 (2)	1:17:21 (2)	03:53 (23)	35:01 (2)	2:32:28	
2.	3	Erik - Jan Spijkerman	Hoorn	H24+	36:24 (3)	1:19:42 (4)	02:55 (2)	35:27 (6)	2:34:29	02:01
3.	69	Bart van Haaren	Amsterdam	H24+	39:01 (7)	1:16:50 (1)	03:12 (10)	35:24 (5)	2:34:29	02:01
4.	24	Edwin Ophof	Raalte	H45+	38:09 (6)	1:18:50 (3)	03:28 (14)	36:10 (11)	2:36:39	04:11
5.	37	Martin Veenhuizen	Tynaarlo	H40+	35:32 (1)	1:23:17 (9)	03:06 (5)	36:10 (12)	2:38:08	05:40
6.	21	Kor Broers	Lemmer	H40+	37:20 (4)	1:23:00 (7)	03:04 (4)	35:51 (8)	2:39:17	06:49
7.	31	Kurt van de Nes	Zwolle	H45+	42:44 (29)	1:22:43 (6)	03:09 (8)	33:33 (1)	2:42:11	09:43
8.	73	Gert Mulderij	Elim	H40+	41:58 (23)	1:20:51 (5)	03:38 (16)	35:58 (9)	2:42:26	09:58
9.	11	Sjoerd Brandt	Monnickendam	H40+	40:22 (10)	1:24:14 (10)	03:25 (13)	35:06 (3)	2:43:08	10:40
10.	76	Jurgen Segers	Veldhoven	H40+	37:34 (5)	1:24:46 (12)	04:06 (29)	37:10 (22)	2:43:37	11:09
11.	15	Patrick Damen	Meer (België)	H24+	39:35 (8)	1:25:38 (15)	03:11 (9)	35:22 (4)	2:43:48	11:20
12.	16	Marcel ten Wolde	Groningen	H40+	41:07 (13)	1:24:39 (11)	02:47 (1)	36:23 (15)	2:44:58	12:30
13.	101	Ronnie Takens	Utrecht	H24+	43:03 (34)	1:25:08 (13)	03:47 (21)	36:00 (10)	2:47:59	15:31
14.	18	Rense Veenstra	Haren	H45+	42:27 (28)	1:25:56 (17)	03:39 (17)	36:23 (14)	2:48:26	15:58
15.	61	Jacques Tuijp	Edam	H20+	40:48 (12)	1:27:44 (23)	04:52 (49)	35:41 (7)	2:49:06	16:38
16.	118	Roos Hoogeboom	Utrecht	D24+	43:40 (38)	1:25:35 (14)	03:07 (6)	36:47 (17)	2:49:10	16:42
17.	29	Arie Reurink	Balkbrug	H50+	41:41 (18)	1:23:08 (8)	04:37 (42)	41:57 (38)	2:51:25	18:57
18.	39	Jan-Jouke Mulder	Groningen	H24+	39:42 (9)	1:31:02 (34)	04:00 (26)	37:06 (21)	2:51:52	19:24
19.	117	Eline Lute-Kuin	Zuid-Scharwoude	D24+	41:58 (25)	1:30:04 (30)	03:40 (18)	36:58 (20)	2:52:41	20:13
20.	113	Geke Venema	Easterlittens	D45+	44:38 (47)	1:27:32 (19)	03:20 (11)	37:11 (23)	2:52:43	20:15
21.	74	Stefan van Dijk	IJsselmuiden	H40+	41:57 (22)	1:26:21 (18)	03:09 (7)	42:39 (48)	2:54:07	21:39
22.	95	Dirk Keekstra	Groningen	H60+	43:53 (40)	1:29:01 (27)	04:20 (35)	36:53 (18)	2:54:07	21:39
23.	83	Jan Aalbers	Dalfsen	H45+	41:43 (19)	1:33:03 (43)	04:00 (25)	36:36 (16)	2:55:24	22:56
24.	40	Her Tesselaar	Heerhugowaard	H55+	41:44 (21)	1:31:41 (36)	03:45 (20)	38:19 (26)	2:55:31	23:03
25.	99	Broer Blaauwbroek	Giethoorn	H45+	45:03 (50)	1:29:33 (29)	04:31 (41)	36:53 (19)	2:56:01	23:33
26.	85	Eric Kooistra	Emmen	H45+	42:51 (32)	1:29:26 (28)	03:51 (22)	40:26 (32)	2:56:35	24:07
27.	79	Kerst Beuckens	Emmeloord	H40+	43:45 (39)	1:27:55 (24)	03:35 (15)	41:40 (35)	2:56:57	24:29
28.	115	Yvonna Tinga	Bolsward	D24+	41:44 (20)	1:30:13 (31)	02:58 (3)	42:05 (40)	2:57:02	24:34
29.	28	Bram Heikamp	Muiden	H60+	41:09 (14)	1:30:24 (33)	04:09 (31)	41:42 (36)	2:57:25	24:57
30.	5	Simon Kok	Deventer	H45+	46:22 (59)	1:25:43 (16)	04:24 (39)	42:25 (44)	2:58:55	26:27
31.	78	Eddy de Boer	Assen	H40+	45:24 (51)	1:31:24 (35)	03:43 (19)	38:35 (27)	2:59:06	26:38
32.	92	Jan Zwanenburg	Wetering	H55+	44:20 (44)	1:34:38 (52)	04:01 (27)	36:21 (13)	2:59:20	26:52
33.	34	Sander Jansen	Zeewolde	H24+	42:01 (26)	1:28:11 (25)	05:26 (62)	43:47 (56)	2:59:26	26:58
34.	7	Jan van der Meij	Berlikum	H50+	41:38 (17)	1:30:21 (32)	03:23 (12)	44:31 (60)	2:59:55	27:27
35.	67	Gert Daling	Drijber	H24+	44:18 (43)	1:33:55 (51)	05:35 (65)	37:18 (24)	3:01:08	28:40
36.	90	Leon de Priester	Assen	H50+	44:15 (42)	1:32:32 (41)	04:02 (28)	40:28 (33)	3:01:19	28:51
37.	20	Gerard Ypma	Haarlem	H24+	42:46 (30)	1:35:14 (55)	04:00 (24)	39:39 (30)	3:01:40	29:12
38.	4	Roy Woensdregt	Epe	H24+	42:48 (31)	1:33:07 (44)	04:23 (38)	42:12 (43)	3:02:31	30:03
39.	9	Ashgard Weterings	Leiden	H24+	43:58 (41)	1:27:37 (20)	05:41 (67)	45:19 (62)	3:02:37	30:09
40.	66	Bart Huiskes	Zuidwolde	H24+	41:58 (24)	1:32:06 (39)	05:45 (70)	43:28 (55)	3:03:18	30:50
41.	82	Gerrit van Jansen	Assen	H45+	46:25 (60)	1:31:48 (38)	04:19 (34)	42:05 (39)	3:04:39	32:11
42.	97	Douwe Hessel Brouwer	Ferwert	H60+	49:09 (73)	1:33:12 (45)	04:28 (40)	37:59 (25)	3:04:49	32:21
43.	75	Mark Kassteen	Amsterdam	H40+	47:45 (66)	1:27:40 (21)	04:40 (43)	45:19 (61)	3:05:25	32:57
44.	114	Annemiek Veenkamp	Zeewolde	D40+	45:54 (57)	1:32:51 (42)	04:44 (44)	42:06 (41)	3:05:37	33:09
45.	112	Marlies Groenewold	Amstelveen	D24+	43:13 (37)	1:35:06 (54)	04:16 (33)	44:10 (59)	3:06:46	34:18
46.	72	Johannes Zandvoort	Amsterdam	H24+	45:33 (52)	1:33:14 (47)	05:31 (63)	42:44 (50)	3:07:04	34:36
47.	33	Jurgen Kocken	Emst	H50+	41:33 (15)	1:38:07 (68)	05:04 (52)	42:28 (45)	3:07:13	34:45
48.	36	Erik Jansen	Holten	H40+	42:27 (27)	1:33:37 (49)	05:05 (53)	46:02 (63)	3:07:14	34:46
49.	68	Ramon Siljade	Amsterdam	H24+	41:36 (16)	1:37:43 (65)	05:47 (71)	42:38 (47)	3:07:45	35:17
50.	44	Huub Stammes	Soest	H50+	48:06 (67)	1:31:47 (37)	04:59 (51)	43:05 (53)	3:07:59	35:31
51.	84	Gert Kramer	Assen	H45+	47:15 (64)	1:33:45 (50)	04:13 (32)	42:45 (51)	3:07:59	35:31
52.	62	Alexander Wolters	Amsterdam	H24+	42:52 (33)	1:36:30 (60)	06:23 (77)	42:42 (49)	3:08:27	35:59
53.	89	Pieter de Jong	Oosterwolde	H50+	47:15 (63)	1:36:27 (59)	04:46 (46)	40:16 (31)	3:08:45	36:17
54.	22	Piet Alkema	Hoogezand	H45+	49:11 (74)	1:32:16 (40)	05:13 (57)	42:06 (42)	3:08:47	36:19
55.	131	Grietje Hoogerkamp-Heeg	Odoorn	D40+	46:38 (61)	1:39:38 (74)	04:21 (36)	38:38 (28)	3:09:17	36:49
56.	25	Jaap Buchli	Santpoort-Zuid	H50+	44:43 (48)	1:33:35 (48)	04:51 (48)	46:25 (66)	3:09:35	37:07
57.	70	Bart Wijjne	IJsselmuiden	H24+	44:29 (46)	1:27:41 (22)	05:54 (73)	52:20 (78)	3:10:25	37:57



Gemeente Assen



provincie Drenthe





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58.	42	Meine Hoitsma	Kollum	H55+	45:38 (54)	1:34:50 (53)	04:22 (37)	46:09 (64)	3:11:01	38:33
59.	103	Pierre Klerken	Venlo	H60+	49:06 (72)	1:37:53 (67)	05:43 (68)	39:11 (29)	3:11:54	39:26
60.	81	Rudi Bissels	Drachten	H45+	48:28 (68)	1:28:11 (26)	04:45 (45)	51:16 (75)	3:12:41	40:13
61.	65	Jan Willem van der Windt	Amsterdam	H24+	48:47 (69)	1:37:05 (62)	05:51 (72)	41:44 (37)	3:13:28	41:00
62.	71	Jos Mastenbroek	Hellevoetsluis	H40+	44:23 (45)	1:37:45 (66)	07:19 (82)	44:02 (58)	3:13:30	41:02
63.	8	Jeroen Ulijn	Megen	H45+	43:05 (35)	1:36:03 (58)	05:06 (55)	52:32 (79)	3:16:48	44:20
64.	132	Aniek Steenhuisen	Assen	D40+	44:47 (49)	1:37:25 (64)	05:13 (58)	50:10 (72)	3:17:37	45:09
65.	116	Tineke van de Wal	Oudehaske	D24+	47:04 (62)	1:43:12 (77)	04:06 (30)	43:47 (57)	3:18:11	45:43
66.	88	Han Keizer	IJsselmuiden	H45+	49:03 (71)	1:39:23 (70)	07:35 (85)	42:50 (52)	3:18:54	46:26
67.	214	Johan van Dijk	Veendam	H45+	52:11 (81)	1:37:13 (63)	06:12 (76)	43:22 (54)	3:18:59	46:31
68.	26	Co Looijesteijn	Anna Paulowna	H65+	45:54 (56)	1:46:33 (82)	04:48 (47)	42:28 (46)	3:19:44	47:16
69.	17	Michel de Bleeker	Damme (België)	H60+	51:15 (78)	1:36:59 (61)	05:07 (56)	46:24 (65)	3:19:46	47:18
70.	104	Tijmen Doesborgh	Amsterdam	H24+	45:33 (53)	1:35:47 (56)	06:35 (79)	53:32 (81)	3:21:28	49:00
71.	41	Michiel van Niekerk	Nieuwerkerk Ad IJssel	H45+	46:07 (58)	1:39:32 (72)	05:44 (69)	50:11 (73)	3:21:35	49:07
72.	13	Alexander Schrader	Spankeren	H24+	43:12 (36)	1:44:47 (80)	05:06 (54)	51:59 (77)	3:25:06	52:38
73.	86	Fokke Steenhuisen	Roden	H45+	50:47 (77)	1:39:11 (69)	07:01 (81)	48:58 (69)	3:25:58	53:30
74.	80	Jan Cornelius	Venhuizen	H45+	55:11 (87)	1:35:52 (57)	05:23 (60)	51:51 (76)	3:28:17	55:49
75.	30	Eduard Borst	Ursem	H60+	51:30 (79)	1:39:30 (71)	05:25 (61)	52:47 (80)	3:29:13	56:45
76.	100	Siem Tesselaar	Alkmaar	H60+	54:23 (84)	1:49:13 (86)	05:33 (64)	41:26 (34)	3:30:36	58:08
77.	96	Ad Beers	Heerhugowaard	H60+	49:11 (75)	1:43:14 (78)	07:32 (83)	51:05 (74)	3:31:04	58:36
78.	94	B van Veen	Yde	H60+	51:30 (80)	1:44:30 (79)	06:54 (80)	49:01 (70)	3:31:57	59:29
79.	32	Jan Bos	Zwolle	H55+	54:27 (85)	1:46:46 (83)	05:55 (75)	47:05 (67)	3:34:15	1:01:47
80.	14	Johan Schrader	Spankeren	H65+	54:14 (83)	1:49:26 (87)	04:53 (50)	48:08 (68)	3:36:42	1:04:14
81.	6	Bert van der Stoep	Hattem	H60+	53:02 (82)	1:44:53 (81)	05:13 (59)	54:26 (84)	3:37:36	1:05:08
82.	10	Richard Hulzebosch	Beilen	H24+	50:18 (76)	1:39:34 (73)	08:04 (89)	1:01:15 (85)	3:39:12	1:06:44
83.	102	Arnout Sjer	Amsterdam	H24+	48:57 (70)	1:49:39 (88)	07:48 (88)	54:19 (83)	3:40:44	1:08:16
84.	93	Willem Westra	Antwerpen (België)	H60+	58:52 (89)	1:42:15 (76)	07:47 (87)	53:49 (82)	3:42:45	1:10:17
85.	19	Ype van Olst	Drachten	H65+	1:00:42 (90)	1:47:28 (84)	05:54 (74)	49:38 (71)	3:43:43	1:11:15
	38	Pieter Boumeester	Ellecom	H55+						DNF
	98	Ben Reuvers	Assen	H70+	56:04 (88)	1:54:36 (89)	07:43 (86)			DNF
	111	Karin Gouw-Bijleveld	Zeewolde	D50+	54:41 (86)	1:49:05 (85)	06:29 (78)			DNF
	12	Marc Zantinge	Rheden	H45+	47:32 (65)	1:41:08 (75)	07:33 (84)			DNF
	35	Michiel Broeksma	Zwolle	H24+	40:32 (11)	1:33:12 (46)	05:40 (66)			DNF
	43	Frits Riemersma	Haren	H60+	45:41 (55)					DNF
	87	Reinhard van Dijk	IJsselmuiden	H45+						DNS



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