

## 12e Cerberus CrossDuathlon / Groesbeek 18-12-2016

### Uitslag Midden Overall (7-20-3.5)

Pos	StartNr	Naam	Woonplaats	Cat	Run1	#R1	Wis1	#W1	ATB	#B	NaATB	#NaB	Wis2	#W2	Run2	#R2	Total	#Tot	Disq
1	98	Maarten Nijland	ROSSUM	H40+	00:30:01	5	00:01:22	15	00:50:48	2	01:22:09	1	00:00:47	17	00:15:49	6	01:38:45	1	
2	140	Joost Christiaans	WAGENINGEN	H20+	00:30:34	9	00:01:08	3	00:54:43	5	01:26:24	3	00:00:40	4	00:15:05	2	01:42:08	2	
3	109	Thom Rutten	EINDHOVEN	H40+	00:31:41	18	00:01:21	14	00:52:28	3	01:25:30	2	00:00:39	3	00:16:42	13	01:42:50	3	
4	168	Cornelis Scheltinga	HUISSSEN	H20+	00:29:28	3	00:01:18	12	00:56:28	12	01:27:13	4	00:00:41	7	00:15:23	3	01:43:16	4	
5	155	Ferdinand Oldeman	VOORBURG	H20+	00:29:53	4	00:01:12	5	00:56:09	9	01:27:13	5	00:00:38	1	00:16:03	8	01:43:54	5	
6	163	Paul Schermers	GOUDA	H20+	00:30:07	6	00:01:13	7	00:56:02	8	01:27:21	6	00:00:46	15	00:16:21	12	01:44:27	6	
7	122	Erik Hofstede	HENGELO	H20+	00:30:19	7	00:01:32	31	00:56:19	11	01:28:09	7	00:00:45	11	00:15:47	5	01:44:40	7	
8	156	Ralf Hamers	ESCH	H20+		0		0		0		0		0		0	01:45:26	8	
9	112	Jasper Michiels	LOMMEL	H20+	00:27:13	2	00:01:11	4	01:02:57	32	01:31:20	13	00:00:47	16	00:14:11	1	01:46:18	9	
10	147	Bart van der Heijden	VUGHT	H20+	00:31:28	16	00:01:24	18	00:57:13	14	01:30:04	11	00:00:42	8	00:15:45	4	01:46:30	10	
11	82	Johan Christen	ARNHEM	H20+	00:33:11	30	00:01:18	11	00:54:47	6	01:29:15	9	00:00:41	6	00:18:04	27	01:47:59	11	
12	164	Rob Wouterse	NIJMEGEN	H20+	00:32:38	26	00:01:44	43	00:55:20	7	01:29:40	10	00:00:54	28	00:18:56	44	01:49:29	12	
13	135	Sami Moulla	KLEVE	H20+	00:31:22	14	00:01:31	30	00:59:46	17	01:32:39	14	00:00:50	20	00:16:02	7	01:49:29	13	
14	157	Tijs van Gemert	ZEVENHUIZEN	H40+	00:32:52	29	00:01:28	23	00:56:31	13	01:30:50	12	00:00:50	22	00:18:20	33	01:49:59	14	
15	127	Janno de Bruijn	DELFT	H20+	00:31:22	15	00:01:25	22	00:56:11	10	01:28:58	8	00:00:46	14	00:20:23	64	01:50:06	15	
16	149	Bart Hoeksma	AMSTERDAM	H20+	00:30:28	8	00:01:44	44	01:01:55	26	01:34:06	18	00:01:07	46	00:16:08	10	01:51:19	16	
17	55	Ruben Slot	DALFSEN	H16+	00:32:36	25	00:01:20	13	00:58:51	15	01:32:45	15	00:00:42	9	00:18:00	25	01:51:27	17	
18	115	Jim Otter	AMERONGEN	H20+	00:32:25	23	00:01:14	8	01:00:26	18	01:34:04	17	00:00:44	10	00:17:08	15	01:51:55	18	
19	57	Rob de Pagter	RITTHEM	H40+	00:32:51	28	00:01:23	17	00:59:10	16	01:33:23	16	00:00:51	25	00:18:00	23	01:52:13	19	
20	111	Laura Gorter	UTRECHT	D20+	00:33:25	31	00:01:25	20	01:01:12	19	01:36:00	21	00:00:50	21	00:18:14	31	01:55:03	20	
21	173	Quirijn Waaijbergen	BRUMMEN	H16+	00:31:42	19	00:01:16	10	01:01:43	24	01:34:40	19	00:00:41	5	00:19:45	58	01:55:05	21	
22	106	Jan Königs	DUISBURG	H16+	00:31:12	13	00:01:34	33	01:04:49	41	01:37:34	22	00:00:48	19	00:17:04	14	01:55:26	22	
23	104	Bas van de Vorst	GROESBEEK	H20+	00:38:25	77	00:02:10	79	00:54:40	4	01:35:13	20	00:01:06	44	00:20:25	65	01:56:43	23	
24	166	Aernout van Lon	NIJMEGEN	H40+	00:30:52	11	00:01:58	67	01:06:22	52	01:39:12	28	00:01:26	71	00:16:07	9	01:56:44	24	
25	94	Erik-Jan Muts	APELDOORN	H20+	00:35:01	45	00:01:33	32	01:01:22	20	01:37:55	23	00:00:54	29	00:18:29	36	01:57:16	25	
26	139	Richard Schouten	DEN HAAG	H40+	00:33:32	32	00:01:49	50	01:03:50	40	01:39:10	27	00:00:57	35	00:17:17	17	01:57:23	26	
27	159	Johan Ulijn	OSS	H40+	00:34:28	43	00:01:35	35	01:02:57	31	01:38:59	25	00:00:51	26	00:18:09	30	01:57:58	27	
28	174	Sander van Eggelen	BERGHEM	H20+	00:34:20	40	00:01:50	53	01:03:16	34	01:39:26	29	00:01:10	52	00:17:43	21	01:58:17	28	
29	75	Henk Dolle	MOLENHOEK	H40+	00:33:40	34	00:01:46	48	01:03:29	36	01:38:55	24	00:01:15	56	00:18:17	32	01:58:26	29	
30	85	Martin Kerkvliet	SASSENHEIM	H20+	00:30:47	10	00:01:49	52	01:09:15	62	01:41:50	45	00:00:52	27	00:16:11	11	01:58:52	30	
31	65	Vincent Telgen	TILBURG	H40+	00:34:26	42	00:01:36	37	01:03:25	35	01:39:26	30	00:01:05	42	00:18:22	34	01:58:52	31	

32	101	Bram Esselink	LENT	H40+	00:35:43	54	00:02:25	91	01:01:35	22	01:39:42	32	00:01:15	55	00:18:00	24	01:58:56	32
33	67	Leon Aleman	DRIMMELEN	H40+	00:35:31	52	00:01:28	24	01:02:06	28	01:39:04	26	00:00:58	37	00:19:08	49	01:59:10	33
34	169	Birgen Vanden Eynde	VAALBEEK	H20+	00:34:03	35	00:01:31	28	01:05:24	44	01:40:57	38	00:00:55	31	00:17:51	22	01:59:43	34
35	158	Dieuwertje Poort	NIJMEGEN	D20+	00:35:33	53	00:01:25	21	01:03:41	38	01:40:38	36	00:01:02	40	00:18:07	29	01:59:46	35
36	72	Jefte de Bruin	LEUSDEN	H20+	00:32:47	27	00:01:28	25	01:07:38	54	01:41:53	47	00:00:46	13	00:17:11	16	01:59:49	36
37	160	Corne Bastiaansen	HILVERSUM	H40+	00:36:35	61	00:01:49	51	01:01:44	25	01:40:07	34	00:01:12	54	00:18:32	37	01:59:50	37
38	146	Mark Kleinloog	WASPIK	H40+	00:36:10	57	00:01:43	41	01:02:12	29	01:40:04	33	00:01:16	58	00:18:36	39	01:59:55	38
39	116	Erik Anbeek	HOOGLAND	H40+	00:35:02	46	00:01:51	54	01:03:49	39	01:40:41	37	00:01:00	39	00:18:22	35	02:00:02	39
40	81	Tjerry van Schijndel	UDEN	H40+	00:31:56	20	00:01:57	64	01:07:52	55	01:41:44	43	00:01:21	68	00:17:24	18	02:00:28	40
41	69	Maarten Krijnen	HELLEVOETSLUIS	H40+	00:34:20	39	00:01:42	39	01:05:20	43	01:41:21	41	00:01:17	59	00:18:07	28	02:00:43	41
42	120	Andre Zegers	BEDBURG HAU	H20+	00:35:19	50	00:01:44	45	01:02:37	30	01:39:40	31	00:00:50	23	00:20:30	66	02:00:59	42
43	148	Yuri Ran	EETHEN	H20+	00:36:50	63	00:02:14	82	01:01:26	21	01:40:28	35	00:01:03	41	00:19:40	55	02:01:10	43
44	132	Bart Alberts	NIJMEGEN	H20+	00:32:11	22	00:01:14	9	01:07:54	57	01:41:18	40	00:00:47	18	00:19:20	50	02:01:25	44
45	60	Richard Schrijver	RUTTEN	H40+	00:34:10	38	00:01:37	38	01:05:58	49	01:41:45	44	00:01:07	48	00:18:41	40	02:01:32	45
46	151	Jens de Kanter	LEIDERDORP	H40+	00:33:33	33	00:01:46	49	01:05:41	46	01:40:59	39	00:01:10	53	00:19:42	56	02:01:51	46
47	97	Imke Peter Boeve	LEERSUM	H20+	00:32:00	21	00:01:59	68	01:07:53	56	01:41:52	46	00:01:24	69	00:18:42	42	02:01:57	47
48	170	Bart de Vries	ZWOLLE	H20+	00:38:42	79	00:01:56	62	01:01:58	27	01:42:35	48	00:00:50	24	00:20:40	69	02:04:04	48
49	167	Dominique Jentjens	VELDEN	H20+	00:35:53	55	00:02:10	80	01:05:48	48	01:43:51	53	00:01:05	43	00:19:29	53	02:04:24	49
50	161	Petra Sloots	BRIELLE	D40+	00:34:04	36	00:02:19	87	01:07:38	53	01:44:00	54	00:01:09	51	00:19:24	51	02:04:32	50
51	138	Marc Johnston	WIJCHEN	H20+	00:32:33	24	00:02:26	93	01:08:49	59	01:43:47	51	00:02:47	94	00:18:01	26	02:04:34	51
52	93	Denny van Arkel	IJSSELSTEIN	H40+	00:37:53	73	00:02:02	72	01:03:01	33	01:42:55	49	00:01:30	74	00:20:14	63	02:04:38	52
53	142	Marco Bruens	APELDOORN	H40+	00:36:34	60	00:02:02	70	01:05:09	42	01:43:44	50	00:00:57	36	00:20:12	62	02:04:52	53
54	90	Peter Baars	AMERSFOORT	H40+	00:36:52	65	00:01:42	40	01:06:07	50	01:44:39	56	00:00:55	33	00:19:27	52	02:05:01	54
55	143	Frank van de Werff	HOOFDDORP	H40+	00:36:23	59	00:01:58	66	01:05:29	45	01:43:49	52	00:01:19	62	00:19:59	60	02:05:06	55
56	61	Raoul Majewski	ROTTERDAM	H40+	00:35:17	49	00:02:05	75	01:09:11	61	01:46:32	60	00:01:19	61	00:17:26	19	02:05:15	56
57	70	Rob Wouters	NIJMEGEN	H40+	00:34:10	37	00:01:31	29	01:11:26	71	01:47:06	62	00:00:45	12	00:17:41	20	02:05:32	57
58	172	Chris Jacobs	ESSEN	H40+	02:05:35	101		1		1	01:44:27	55		0		0	02:05:49	58
59	134	Henk Wildeman	NIJMEGEN	H20+	00:38:08	75	00:01:44	46	01:01:41	23	01:41:32	42	00:01:16	57	00:23:11	82	02:05:58	59
60	58	Robert de Vries	MALDEN	H40+	00:34:25	41	00:01:34	34	01:09:54	64	01:45:53	57	00:01:08	49	00:19:07	48	02:06:07	60
61	128	Merijn Mook	DEN HAAG	H20+	00:38:18	76	00:01:52	57	01:05:45	47	01:45:54	58	00:01:20	65	00:18:57	45	02:06:10	61
62	119	Simone Hakenberg	ROSSUM	D40+	00:36:47	62	00:01:24	19	01:08:25	58	01:46:36	61	00:00:55	32	00:18:42	41	02:06:11	62
63	53	Jörg Sauer	NIJMEGEN	H40+	00:37:35	70	00:02:05	76	01:06:20	51	01:46:00	59	00:01:46	84	00:20:07	61	02:07:51	63
64	79	Michael Grosse Holtforth	KALKAR	H40+	00:35:13	48	00:01:55	60	01:11:46	73	01:48:52	68	00:01:20	67	00:18:45	43	02:08:57	64
65	175	Daan Steenman	NIJMEGEN	H20+	00:30:54	12	00:03:12	100	01:14:06	84	01:48:11	65	00:01:57	90	00:19:06	47	02:09:13	65
66	92	Luuk Spauwen	NEDERWEERT	H20+	00:34:36	44	00:02:02	71	01:13:23	82	01:49:59	70	00:01:08	50	00:18:36	38	02:09:42	66

67	68 Tom Koemans	NIJMEGEN	H20+	00:36:51	64 00:01:43	42 01:10:09	66 01:48:43	66 00:01:20	66 00:19:57	59 02:09:58	67
68	95 Willem van Klink	LISSERBROEK	H40+	00:35:22	51 00:02:04	74 01:11:21	70 01:48:46	67 00:01:55	87 00:19:44	57 02:10:25	68
69	83 Ben Rodrigo Iglesias	ROSMALEN	H40+	00:37:56	74 00:01:36	36 01:09:33	63 01:49:04	69 00:00:56	34 00:21:09	72 02:11:09	69
70	129 Robert Verdonschot	SON EN BREUGEL	H40+	00:42:37	93 00:01:22	16 01:03:33	37 01:47:31	63 00:00:39	2 00:23:38	87 02:11:47	70
71	77 Norbert Hermesdorf	NIJMEGEN	H40+	00:37:11	67 00:01:51	56 01:09:02	60 01:48:03	64 00:01:31	76 00:22:15	77 02:11:48	71
72	91 Piet-Hein Schröder	HEEMSTED	H40+	00:37:06	66 00:02:16	84 01:12:32	78 01:51:54	73 00:01:42	83 00:20:37	68 02:14:12	72
73	110 Jean-Pierre van der Borgh	MOLENHOEK LB	H40+	00:39:21	81 00:02:23	89 01:10:10	67 01:51:53	72 00:02:06	92 00:20:37	67 02:14:35	73
74	131 Maarten Dries	NIJMEGEN	H40+	00:36:13	58 00:02:17	85 01:12:11	76 01:50:40	71 00:01:35	78 00:22:22	78 02:14:36	74
75	108 Franc Sonnemans	ASSEN	H40+	00:37:52	72 00:02:45	97 01:11:58	75 01:52:34	75 00:01:56	89 00:20:55	70 02:15:24	75
76	62 Sake Zijlstra	ROTTERDAM	H20+	00:40:33	87 00:02:25	92 01:11:54	74 01:54:52	81 00:01:19	63 00:19:29	54 02:15:39	76
77	99 Paul Verrijp	AMERSFOORT	H40+	00:40:10	84 00:01:57	65 01:10:25	68 01:52:31	74 00:01:07	47 00:22:25	79 02:16:02	77
78	130 Erik Theunissen	MOLENHOEK	H40+	00:38:31	78 00:01:53	58 01:13:10	80 01:53:33	78 00:01:36	80 00:21:00	71 02:16:08	78
79	114 Jeroen Kruiswijk	BAARN	H40+	00:40:52	88 00:01:45	47 01:10:07	65 01:52:43	76 00:01:26	72 00:22:02	75 02:16:10	79
80	162 Remy Hofmeijer	OSS	H20+	00:35:59	56 00:02:07	78 01:15:19	86 01:53:24	77 00:01:47	85 00:22:03	76 02:17:12	80
81	153 Esther van Duijnhoven	UDEN	D40+	00:39:01	80 00:01:54	59 01:17:02	89 01:57:55	87 00:00:59	38 00:18:59	46 02:17:52	81
82	100 Bas Braaf	MOLENHOEK	H40+	00:39:31	82 00:02:29	94 01:11:34	72 01:53:34	79 00:01:56	88 00:23:04	80 02:18:32	82
83	105 Koen van der Hagen	S	H20+	00:40:25	85 00:02:02	73 01:12:27	77 01:54:53	82 00:01:38	82 00:23:17	83 02:19:47	83
84	171 David de Munnik	NIJMEGEN	H20+	00:40:32	86 00:02:50	99 01:13:29	83 01:56:50	85 00:01:49	86 00:21:43	74 02:20:21	84
85	107 John Lanooy	MOLENHOEK	H40+	00:41:31	90 00:02:17	86 01:11:07	69 01:54:54	83 00:01:29	73 00:24:13	88 02:20:35	85
86	137 Christoph Lohmann	KREFELD	H40+	00:37:49	71 00:02:06	77 01:16:52	88 01:56:45	84 00:01:31	75 00:23:25	84 02:21:40	86
87	152 Roos Anneveldt	UTRECHT	D20+	00:43:30	94 00:02:16	83 01:13:14	81 01:59:00	88 00:01:25	70 00:24:21	89 02:24:45	87
88	136 Frank Lemken	MOERS	H40+	00:37:17	68 00:02:01	69 01:22:53	94 02:02:10	89 00:01:35	79 00:21:13	73 02:24:57	88
89	102 Thibaut de Jong	AMERSFOORT	H40+	00:37:23	69 00:02:21	88 01:14:24	85 01:54:07	80 00:03:24	95 00:27:33	94 02:25:04	89
90	73 Axel van Sleuwen	OPLOO	H40+	00:35:06	47 00:02:34	96 01:20:11	91 01:57:50	86 00:02:28	93 00:26:06	93 02:26:22	90
91	144 Marcel Janssen	SIEBENGEWALD	H40+	00:40:56	89 00:01:13	6 01:20:20	93 02:02:28	91 00:00:55	30 00:23:32	85 02:26:53	91
92	123 Gert van Zanten	VEENENDAAL	H40+	00:42:28	92 00:01:30	27 01:20:12	92 02:04:09	93 00:01:06	45 00:23:38	86 02:28:52	92
93	176 Rini Gootjes	UDENHOUT	H40+	00:43:46	95 00:02:12	81 01:16:37	87 02:02:34	92 00:01:34	77 00:24:52	90 02:28:59	93
94	59 Hanne van den Bielerd	MILLINGEN AAN DE RIJN	D20+	00:47:11	97 00:02:29	95 01:12:43	79 02:02:22	90 00:01:18	60 00:25:53	92 02:29:32	94
95	177 Wendy Kroesen	TILBURG	D40+	00:42:06	91 00:01:56	63 01:25:51	95 02:09:52	94 00:01:19	64 00:23:10	81 02:34:20	95
96	96 Sead Cilic	EINDHOVEN	H40+	00:45:31	96 00:02:47	98 01:26:47	96 02:15:05	97 00:01:58	91 00:24:54	91 02:41:56	96
97	165 Edward Uri	LEERDAM	H40+	00:49:17	99 00:02:24	90 01:18:37	90 02:10:17	95 00:01:37	81 00:30:11	95 02:42:04	97
98	150 Peter van Ravenswaaij	GRONINGEN	H40+	00:31:40	17 00:00:58	2	0	0	0	0	0
99	224 Guus Janssen	Ooij	H20+	00:27:12	1 00:01:51	55	0	0	0	0	0
100	71 Michelle Boshoven	AFFERDEN	D40+	00:47:21	98 00:03:26	101	0	0	0	0	0

101	84 Annabelle Pont	SON EN BREUGEL	D20+	00:50:57	100	00:01:55	61	0	0	0	0	0		
102	117 Britt Veenstra	HOOGLAND	D40+	00:40:01	83	00:01:30	26	01:30:09	97	02:11:39	96	0	0	0

# 12e Cerberus CrossDuathlon / Groesbeek 18-12-2016

## Uitslag Midden per Categorie (7-20-3.5)

### Jongens 16 tot 18

Pos	StartNr	Naam	Woonplaats	Cat	Run1	#R1	Wis1	#W1	ATB	#B	NaATB	#NaB	Wis2	#W2	Run2	#R2	Total	#Cat	Disq
1	55	Ruben Slot	DALFSEN	H16+	00:32:36	3	00:01:20	2	00:58:51	1	01:32:45	1	00:00:42	2	00:18:00	2	01:51:27	1	
2	173	Quirijn Waaijberg	BRUMMEN	H16+	00:31:42	2	00:01:16	1	01:01:43	2	01:34:40	2	00:00:41	1	00:19:45	3	01:55:05	2	
3	106	Jan Königs	DUISBURG	H16+	00:31:12	1	00:01:34	3	01:04:49	3	01:37:34	3	00:00:48	3	00:17:04	1	01:55:26	3	

### Mannen 20 tot 40 jaar

Pos	StartNr	Naam	Woonplaats	Cat	Run1	#R1	Wis1	#W1	ATB	#B	NaATB	#NaB	Wis2	#W2	Run2	#R2	Total	#Cat	Disq
1	140	Joost Christiaans	WAGENINGEN	H20+	00:30:34	8	00:01:08	1	00:54:43	2	01:26:24	1	00:00:40	2	00:15:05	2	01:42:08	1	
2	168	Cornelis Scheltinga	HUISSEN	H20+	00:29:28	3	00:01:18	8	00:56:28	9	01:27:13	2	00:00:41	4	00:15:23	3	01:43:16	2	
3	155	Ferdinand Oldeman	VOORBURG	H20+	00:29:53	4	00:01:12	3	00:56:09	6	01:27:13	3	00:00:38	1	00:16:03	7	01:43:54	3	
4	163	Paul Schermers	GOUDA	H20+	00:30:07	5	00:01:13	4	00:56:02	5	01:27:21	4	00:00:46	10	00:16:21	10	01:44:27	4	
5	122	Erik Hofstede	HENGELO	H20+	00:30:19	6	00:01:32	14	00:56:19	8	01:28:09	5	00:00:45	7	00:15:47	5	01:44:40	5	
6	156	Ralf Hamers	ESCH	H20+		0		0		0		0		0		0	01:45:26	6	
7	112	Jasper Michiels	LOMMEL	H20+	00:27:13	2	00:01:11	2	01:02:57	19	01:31:20	10	00:00:47	11	00:14:11	1	01:46:18	7	
8	147	Bart van der Heijden	VUGHT	H20+	00:31:28	13	00:01:24	9	00:57:13	10	01:30:04	9	00:00:42	5	00:15:45	4	01:46:30	8	
9	82	Johan Christen	ARNHEM	H20+	00:33:11	20	00:01:18	7	00:54:47	3	01:29:15	7	00:00:41	3	00:18:04	16	01:47:59	9	
10	164	Rob Wouterse	NIJMEGEN	H20+	00:32:38	18	00:01:44	17	00:55:20	4	01:29:40	8	00:00:54	17	00:18:56	20	01:49:29	10	
11	135	Sami Moulla	KLEVE	H20+	00:31:22	11	00:01:31	13	00:59:46	11	01:32:39	11	00:00:50	13	00:16:02	6	01:49:29	11	
12	127	Janno de Bruijn	DELFT	H20+	00:31:22	12	00:01:25	10	00:56:11	7	01:28:58	6	00:00:46	9	00:20:23	28	01:50:06	12	
13	149	Bart Hoeksma	AMSTERDAM	H20+	00:30:28	7	00:01:44	18	01:01:55	16	01:34:06	13	00:01:07	23	00:16:08	8	01:51:19	13	
14	115	Jim Otter	AMERONGEN	H20+	00:32:25	16	00:01:14	5	01:00:26	12	01:34:04	12	00:00:44	6	00:17:08	11	01:51:55	14	
15	104	Bas van de Vorst	GROESBEEK	H20+	00:38:25	32	00:02:10	30	00:54:40	1	01:35:13	14	00:01:06	22	00:20:25	29	01:56:43	15	
16	94	Erik-Jan Muts	APELDOORN	H20+	00:35:01	24	00:01:33	15	01:01:22	13	01:37:55	15	00:00:54	18	00:18:29	17	01:57:16	16	
17	174	Sander van Eggelen	BERGHEM	H20+	00:34:20	22	00:01:50	22	01:03:16	20	01:39:26	16	00:01:10	25	00:17:43	13	01:58:17	17	
18	85	Martin Kerkvliet	SASSENHEIM	H20+	00:30:47	9	00:01:49	21	01:09:15	28	01:41:50	22	00:00:52	16	00:16:11	9	01:58:52	18	
19	169	Birgen Vanden Eynde	VAALBEEK	H20+	00:34:03	21	00:01:31	12	01:05:24	21	01:40:57	19	00:00:55	19	00:17:51	14	01:59:43	19	
20	72	Jefte de Bruin	LEUSDEN	H20+	00:32:47	19	00:01:28	11	01:07:38	24	01:41:53	24	00:00:46	8	00:17:11	12	01:59:49	20	
21	120	Andre Zegers	BEDBURG HAU	H20+	00:35:19	25	00:01:44	19	01:02:37	18	01:39:40	17	00:00:50	14	00:20:30	30	02:00:59	21	

22	148	Yuri Ran	EETHEN	H20+	00:36:50	28	00:02:14	32	01:01:26	14	01:40:28	18	00:01:03	20	00:19:40	26	02:01:10	22
23	132	Bart Alberts	NIJMEGEN	H20+	00:32:11	15	00:01:14	6	01:07:54	26	01:41:18	20	00:00:47	12	00:19:20	23	02:01:25	23
24	97	Imke Peter Boeve	LEERSUM	H20+	00:32:00	14	00:01:59	26	01:07:53	25	01:41:52	23	00:01:24	30	00:18:42	19	02:01:57	24
25	170	Bart de Vries	ZWOLLE	H20+	00:38:42	33	00:01:56	25	01:01:58	17	01:42:35	25	00:00:50	15	00:20:40	31	02:04:04	25
26	167	Dominique Jentjens	VELDEN	H20+	00:35:53	26	00:02:10	31	01:05:48	23	01:43:51	27	00:01:05	21	00:19:29	24	02:04:24	26
27	138	Marc Johnston	WIJCHEN	H20+	00:32:33	17	00:02:26	34	01:08:49	27	01:43:47	26	00:02:47	35	00:18:01	15	02:04:34	27
28	134	Henk Wildeman	NIJMEGEN	H20+	00:38:08	30	00:01:44	20	01:01:41	15	01:41:32	21	00:01:16	26	00:23:11	34	02:05:58	28
29	128	Merijn Mook	DEN HAAG	H20+	00:38:18	31	00:01:52	24	01:05:45	22	01:45:54	28	00:01:20	28	00:18:57	21	02:06:10	29
30	175	Daan Steenman	NIJMEGEN	H20+	00:30:54	10	00:03:12	36	01:14:06	34	01:48:11	29	00:01:57	34	00:19:06	22	02:09:13	30
31	92	Luuk Spauwen	NEDERWEERT	H20+	00:34:36	23	00:02:02	27	01:13:23	32	01:49:59	31	00:01:08	24	00:18:36	18	02:09:42	31
32	68	Tom Koemans	NIJMEGEN	H20+	00:36:51	29	00:01:43	16	01:10:09	29	01:48:43	30	00:01:20	29	00:19:57	27	02:09:58	32
33	62	Sake Zijlstra	ROTTERDAM	H20+	00:40:33	36	00:02:25	33	01:11:54	30	01:54:52	33	00:01:19	27	00:19:29	25	02:15:39	33
34	162	Remy Hofmeijer	OSS	H20+	00:35:59	27	00:02:07	29	01:15:19	35	01:53:24	32	00:01:47	32	00:22:03	33	02:17:12	34
35	105	Koen van der Hagen	S	H20+	00:40:25	34	00:02:02	28	01:12:27	31	01:54:53	34	00:01:38	31	00:23:17	35	02:19:47	35
36	171	David de Munnik	NIJMEGEN	H20+	00:40:32	35	00:02:50	35	01:13:29	33	01:56:50	35	00:01:49	33	00:21:43	32	02:20:21	36
37	224	Guus Janssen	Ooij	H20+	00:27:12	1	00:01:51	23		0		0		0		0		0

### Mannen 40 en ouder

Pos	StartNr	Naam	Woonplaats	Cat	Run1	#R1	Wis1	#W1	ATB	#B	NaATB	#NaB	Wis2	#W2	Run2	#R2	Total	#Cat	Disq
1	98	Maarten Nijland	ROSSUM	H40+	00:30:01	1	00:01:22	5	00:50:48	2	01:22:09	1	00:00:47	4	00:15:49	1	01:38:45	1	
2	109	Thom Rutten	EINDHOVEN	H40+	00:31:41	4	00:01:21	4	00:52:28	3	01:25:30	2	00:00:39	2	00:16:42	3	01:42:50	2	
3	157	Tijs van Gemert	ZEVENHUIZEN	H40+	00:32:52	7	00:01:28	8	00:56:31	4	01:30:50	3	00:00:50	5	00:18:20	13	01:49:59	3	
4	57	Rob de Pagter	RITTHEM	H40+	00:32:51	6	00:01:23	7	00:59:10	5	01:33:23	4	00:00:51	6	00:18:00	8	01:52:13	4	
5	166	Aernout van Lon	NIJMEGEN	H40+	00:30:52	2	00:01:58	32	01:06:22	24	01:39:12	9	00:01:26	30	00:16:07	2	01:56:44	5	
6	139	Richard Schouten	DEN HAAG	H40+	00:33:32	8	00:01:49	23	01:03:50	16	01:39:10	8	00:00:57	11	00:17:17	4	01:57:23	6	
7	159	Johan Ulijn	OSS	H40+	00:34:28	16	00:01:35	13	01:02:57	10	01:38:59	6	00:00:51	7	00:18:09	11	01:57:58	7	
8	75	Henk Dolle	MOLENHOEK	H40+	00:33:40	10	00:01:46	21	01:03:29	13	01:38:55	5	00:01:15	23	00:18:17	12	01:58:26	8	
9	65	Vincent Telgen	TILBURG	H40+	00:34:26	15	00:01:36	15	01:03:25	12	01:39:26	10	00:01:05	15	00:18:22	14	01:58:52	9	
10	101	Bram Esselink	LENT	H40+	00:35:43	23	00:02:25	47	01:01:35	6	01:39:42	11	00:01:15	22	00:18:00	9	01:58:56	10	
11	67	Leon Aleman	DRIMMELEN	H40+	00:35:31	22	00:01:28	9	01:02:06	8	01:39:04	7	00:00:58	13	00:19:08	21	01:59:10	11	
12	160	Corne Bastiaansen	HILVERSUM	H40+	00:36:35	28	00:01:49	24	01:01:44	7	01:40:07	13	00:01:12	21	00:18:32	16	01:59:50	12	
13	146	Mark Kleinloog	WASPIK	H40+	00:36:10	24	00:01:43	19	01:02:12	9	01:40:04	12	00:01:16	24	00:18:36	17	01:59:55	13	
14	116	Erik Anbeek	HOOGLAND	H40+	00:35:02	17	00:01:51	25	01:03:49	15	01:40:41	14	00:01:00	14	00:18:22	15	02:00:02	14	
15	81	Tjerry van Schijndel	UDEN	H40+	00:31:56	5	00:01:57	29	01:07:52	25	01:41:44	17	00:01:21	29	00:17:24	5	02:00:28	15	
16	69	Maarten Krijnen	HELLEVOETSLUIS	H40+	00:34:20	13	00:01:42	17	01:05:20	18	01:41:21	16	00:01:17	25	00:18:07	10	02:00:43	16	

17	60	Richard Schrijver	RUTTEN	H40+	00:34:10	12	00:01:37	16	01:05:58	21	01:41:45	18	00:01:07	18	00:18:41	18	02:01:32	17
18	151	Jens de Kanter	LEIDERDORP	H40+	00:33:33	9	00:01:46	22	01:05:41	20	01:40:59	15	00:01:10	20	00:19:42	23	02:01:51	18
19	93	Denny van Arkel	IJSSELSTEIN	H40+	00:37:53	37	00:02:02	35	01:03:01	11	01:42:55	19	00:01:30	33	00:20:14	28	02:04:38	19
20	142	Marco Bruens	APELDOORN	H40+	00:36:34	27	00:02:02	34	01:05:09	17	01:43:44	20	00:00:57	12	00:20:12	27	02:04:52	20
21	90	Peter Baars	AMERSFOORT	H40+	00:36:52	29	00:01:42	18	01:06:07	22	01:44:39	23	00:00:55	9	00:19:27	22	02:05:01	21
22	143	Frank van de Werff	HOOFDDORP	H40+	00:36:23	26	00:01:58	31	01:05:29	19	01:43:49	21	00:01:19	27	00:19:59	25	02:05:06	22
23	61	Raoul Majewski	ROTTERDAM	H40+	00:35:17	20	00:02:05	37	01:09:11	27	01:46:32	26	00:01:19	26	00:17:26	6	02:05:15	23
24	70	Rob Wouters	NIJMEGEN	H40+	00:34:10	11	00:01:31	11	01:11:26	35	01:47:06	27	00:00:45	3	00:17:41	7	02:05:32	24
25	172	Chris Jacobs	ESSEN	H40+	02:05:35	51		1		1	01:44:27	22		0		0	02:05:49	25
26	58	Robert de Vries	MALDEN	H40+	00:34:25	14	00:01:34	12	01:09:54	29	01:45:53	24	00:01:08	19	00:19:07	20	02:06:07	26
27	53	Jörg Sauer	NIJMEGEN	H40+	00:37:35	34	00:02:05	38	01:06:20	23	01:46:00	25	00:01:46	42	00:20:07	26	02:07:51	27
28	79	Michael Grosse Holtforth	KALKAR	H40+	00:35:13	19	00:01:55	28	01:11:46	37	01:48:52	31	00:01:20	28	00:18:45	19	02:08:57	28
29	95	Willem van Klink	LISSERBROEK	H40+	00:35:22	21	00:02:04	36	01:11:21	34	01:48:46	30	00:01:55	43	00:19:44	24	02:10:25	29
30	83	Ben Rodrigo Iglesias	ROSMALEN	H40+	00:37:56	38	00:01:36	14	01:09:33	28	01:49:04	32	00:00:56	10	00:21:09	33	02:11:09	30
31	129	Robert Verdonschot	SON EN BREUGEL	H40+	00:42:37	47	00:01:22	6	01:03:33	14	01:47:31	28	00:00:39	1	00:23:38	43	02:11:47	31
32	77	Norbert Hermesdorf	NIJMEGEN	H40+	00:37:11	31	00:01:51	26	01:09:02	26	01:48:03	29	00:01:31	35	00:22:15	36	02:11:48	32
33	91	Piet-Hein Schröder	HEEMSTED	H40+	00:37:06	30	00:02:16	41	01:12:32	40	01:51:54	35	00:01:42	41	00:20:37	30	02:14:12	33
34	110	Jean-Pierre van der Borgh	MOLENHOEK LB	H40+	00:39:21	40	00:02:23	45	01:10:10	31	01:51:53	34	00:02:06	47	00:20:37	29	02:14:35	34
35	131	Maarten Dries	NIJMEGEN	H40+	00:36:13	25	00:02:17	42	01:12:11	39	01:50:40	33	00:01:35	37	00:22:22	37	02:14:36	35
36	108	Franc Sonnemans	ASSEN	H40+	00:37:52	36	00:02:45	50	01:11:58	38	01:52:34	37	00:01:56	45	00:20:55	31	02:15:24	36
37	99	Paul Verrijp	AMERSFOORT	H40+	00:40:10	42	00:01:57	30	01:10:25	32	01:52:31	36	00:01:07	17	00:22:25	38	02:16:02	37
38	130	Erik Theunissen	MOLENHOEK	H40+	00:38:31	39	00:01:53	27	01:13:10	41	01:53:33	39	00:01:36	39	00:21:00	32	02:16:08	38
39	114	Jeroen Kruiswijk	BAARN	H40+	00:40:52	43	00:01:45	20	01:10:07	30	01:52:43	38	00:01:26	31	00:22:02	35	02:16:10	39
40	100	Bas Braaf	MOLENHOEK	H40+	00:39:31	41	00:02:29	48	01:11:34	36	01:53:34	40	00:01:56	44	00:23:04	39	02:18:32	40
41	107	John Lanooy	MOLENHOEK	H40+	00:41:31	45	00:02:17	43	01:11:07	33	01:54:54	42	00:01:29	32	00:24:13	44	02:20:35	41
42	137	Christoph Lohmann	KREFELD	H40+	00:37:49	35	00:02:06	39	01:16:52	44	01:56:45	43	00:01:31	34	00:23:25	40	02:21:40	42
43	136	Frank Lemken	MOERS	H40+	00:37:17	32	00:02:01	33	01:22:53	49	02:02:10	45	00:01:35	38	00:21:13	34	02:24:57	43
44	102	Thibaut de Jong	AMERSFOORT	H40+	00:37:23	33	00:02:21	44	01:14:24	42	01:54:07	41	00:03:24	49	00:27:33	48	02:25:04	44
45	73	Axel van Sleuwen	OPLOO	H40+	00:35:06	18	00:02:34	49	01:20:11	46	01:57:50	44	00:02:28	48	00:26:06	47	02:26:22	45
46	144	Marcel Janssen	SIEBENGEWALD	H40+	00:40:56	44	00:01:13	3	01:20:20	48	02:02:28	46	00:00:55	8	00:23:32	41	02:26:53	46
47	123	Gert van Zanten	VEENENDAAL	H40+	00:42:28	46	00:01:30	10	01:20:12	47	02:04:09	48	00:01:06	16	00:23:38	42	02:28:52	47
48	176	Rini Gootjes	UDENHOUT	H40+	00:43:46	48	00:02:12	40	01:16:37	43	02:02:34	47	00:01:34	36	00:24:52	45	02:28:59	48
49	96	Sead Cilic	EINDHOVEN	H40+	00:45:31	49	00:02:47	51	01:26:47	50	02:15:05	50	00:01:58	46	00:24:54	46	02:41:56	49
50	165	Edward Uri	LEERDAM	H40+	00:49:17	50	00:02:24	46	01:18:37	45	02:10:17	49	00:01:37	40	00:30:11	49	02:42:04	50
51	150	Peter van Ravenswaaij	GRONINGEN	H40+	00:31:40	3	00:00:58	2		0		0		0		0		0

### Vrouwen 20 tot 40 jaar

Pos	StartNr	Naam	Woonplaats	Cat	Run1	#R1	Wis1	#W1	ATB	#B	NaATB	#NaB	Wis2	#W2	Run2	#R2	Total	#Cat	Disq
1	111	Laura Gorter	UTRECHT	D20+	00:33:25	1	00:01:25	1	01:01:12	1	01:36:00	1	00:00:50	1	00:18:14	2	01:55:03	1	
2	158	Dieuwertje Poort	NIJMEGEN	D20+	00:35:33	2	00:01:25	2	01:03:41	2	01:40:38	2	00:01:02	2	00:18:07	1	01:59:46	2	
3	152	Roos Anneveldt	UTRECHT	D20+	00:43:30	3	00:02:16	4	01:13:14	4	01:59:00	3	00:01:25	4	00:24:21	3	02:24:45	3	
4	59	Hanne van den Bielerd	MILLINGEN AAN DE RIJN	D20+	00:47:11	4	00:02:29	5	01:12:43	3	02:02:22	4	00:01:18	3	00:25:53	4	02:29:32	4	
5	84	Annabelle Pont	SON EN BREUGEL	D20+	00:50:57	5	00:01:55	3		0		0		0		0		0	

### Vrouwen 40 en ouder

Pos	StartNr	Naam	Woonplaats	Cat	Run1	#R1	Wis1	#W1	ATB	#B	NaATB	#NaB	Wis2	#W2	Run2	#R2	Total	#Cat	Disq
1	161	Petra Sloots	BRIELLE	D40+	00:34:04	1	00:02:19	5	01:07:38	1	01:44:00	1	00:01:09	3	00:19:24	3	02:04:32	1	
2	119	Simone Hakenberg	ROSSUM	D40+	00:36:47	2	00:01:24	1	01:08:25	2	01:46:36	2	00:00:55	1	00:18:42	1	02:06:11	2	
3	153	Esther van Duijnhoven	UDEN	D40+	00:39:01	3	00:01:54	3	01:17:02	3	01:57:55	3	00:00:59	2	00:18:59	2	02:17:52	3	
4	177	Wendy Kroesen	TILBURG	D40+	00:42:06	5	00:01:56	4	01:25:51	4	02:09:52	4	00:01:19	4	00:23:10	4	02:34:20	4	
5	71	Michelle Boshoven	AFFERDEN	D40+	00:47:21	6	00:03:26	6		0		0		0		0		0	
6	117	Britt Veenstra	HOOGLAND	D40+	00:40:01	4	00:01:30	2	01:30:09	5	02:11:39	5		0		0		0	

# 12e Cerberus CrossDuathlon / Groesbeek 18-12-2016

## Uitslag Duo's Midden Overall (7-20-3.5)

Pos	StartNr	Naam	Woonplaats	Cat	Run1	#R1	Wis1	#W1	ATB	#B	NaATB	#NaB	Wis2	#W2	Run2	#R2	Total	#Tot	Disq
1	410	Sportcommissarissen NswvMercurius'1 (Joost van Wijngaarden / Robin Roelofs)	NIJMEGEN	H	00:28:16	2	00:00:44	1	00:53:07	1	01:22:06	1	00:01:53	21	00:13:45	2	01:37:43	1	
2	455	Duathlon ProTeamHalleux.be (Laurens den Ouden / Lex Bergsma)	UTRECHT	H	00:28:32	4	00:00:59	6	00:59:20	6	01:28:50	4	00:00:44	16	00:14:02	3	01:43:34	2	
3	452	Los Locos (Rob Velden / Daan Deckers)	OISTERWIJK	H	00:32:09	7	00:01:03	10	00:54:17	2	01:27:28	2	00:00:28	2	00:15:49	6	01:43:44	3	
4	453	Rejo (Jorrit Randag / Rens de Bruijn)	NIJMEGEN	H	00:32:14	8	00:01:06	13	00:55:21	3	01:28:40	3	00:00:32	5	00:15:25	5	01:44:37	4	
5	411	Ge-Ge-Nieten (Joep van der Zanden / Anneke van de Boer)	WAGENINGEN	Mix	00:27:25	1	00:00:55	3	01:05:20	13	01:33:39	6	00:00:46	17	00:13:39	1	01:48:04	5	
6	462	Tv "hetEekhoortje" (Ruud van Leeuwen / Bram van Boekholt)	NIJMEGEN	H	00:31:21	6	00:00:59	7	00:59:42	8	01:32:01	5	00:00:41	12	00:16:03	7	01:48:44	6	
7	188	Ping (Thijs Boonstra / Joost Corné)	Nijmegen	H	00:33:02	9	00:01:10	15	00:59:47	9	01:33:58	7	00:00:29	3	00:16:44	8	01:51:10	7	
8	195	xxx (Wouter Hoefsloot/ Erik van der Hei)	Nijmegen	H	00:28:29	3	00:00:58	4	01:07:06	16	01:36:32	9	00:00:41	13	00:14:13	4	01:51:25	8	
9	465	Kona LtdTeam (Laura Turpijn / Lotte Koopmans)	NIJMEGEN	D	00:37:05	14	00:00:58	5	00:56:33	4	01:34:35	8	00:00:30	4	00:18:14	12	01:53:18	9	
10	461	Team ToBiet (Charlotte Lenting / Femke van Kessel)	NIJMEGEN	D	00:34:48	10	00:00:55	2		0		0		0	00:17:19	9	01:53:46	10	
11	460	Hendriks (Anke Hendriks / Sjaak Hendriks)	NIJMEGEN	H	00:38:45	16	00:01:11	16	00:59:35	7	01:39:30	11	00:00:28	1	00:18:30	14	01:58:27	11	
12	464	Fitinlith (Jette Swinkels / Geert Swinkels)	UTRECHT	Mix	00:40:06	18	00:01:18	19	00:56:35	5	01:37:58	10	00:00:40	10	00:20:14	17	01:58:51	12	
13	457	Beat TheMonkies (Erik Elbers / Sjoerd Hermsen)	ARNHEM	H	00:36:39	12	00:01:04	11	01:02:59	10	01:40:42	12	00:00:39	9	00:18:15	13	01:59:35	13	
14	459	Beat TheBonkies (Marc van Alst / Bob Takken)	BEMMEL	H	00:36:43	13	00:01:02	8	01:04:12	12	01:41:55	13	00:00:34	6	00:17:55	10	02:00:24	14	
15	454	De Zwagertjes (Gertjan Baams / Ronald Peters)	NIJMEGEN	H	00:37:34	15	00:01:20	21	01:06:47	14	01:45:40	14	00:00:38	8	00:17:56	11	02:04:13	15	
16	458	Door Douwe (Douwe De Jager / Martijn Baams)	NIJMEGEN	H	00:39:41	17	00:01:06	12	01:08:22	18	01:49:09	16	00:00:47	18	00:20:12	16	02:10:07	16	
17	434	Peppi UndKokki (Jurgen van Oorschot / Joost Aldus)	VELP	H	00:43:19	21	00:01:18	20	01:04:11	11	01:48:47	15	00:00:50	19	00:20:55	18	02:10:32	17	

18	468	Beukenhof Onstwedde (Maurits / Annette)	ONSTWEDDE	Mix	00:41:52	20 00:01:14	18 01:06:59	15 01:50:04	17 00:00:41	11 00:21:00	19 02:11:44	18
19	466	Family Power (Glenn Sonnemans / Ellen Sonnemans)	ASSEN	Mix	00:35:59	11 00:01:03	9 01:16:36	21 01:53:37	18 00:00:43	15 00:18:51	15 02:13:10	19
20	463	Baat HetNietDanSchaadtHetNiet (Sjoukje v.d. Boom / Astrid de Baat)	UDEN	D	00:30:26	5 01:28:22	23	0	0	0	0 02:15:05	20
21	456	Woezik 1. (Elly de Swart / Willy de Swart)	WIJCHEN	H	00:41:03	19 00:01:11	17 01:13:57	20 01:56:10	20 00:00:42	14 00:21:19	20 02:18:09	21
22	451	The Mini's (Kim Walravens / Samantha Sinninghe)	WAPENVELD	D	00:46:11	22 00:01:10	14 01:07:33	17 01:54:53	19 00:00:37	7 00:22:51	21 02:18:20	22
23	467	Mix (Miek Toorenaar / Warner de Boer)		Mix	00:50:20	23 00:01:52	22 01:10:07	19 02:02:18	21 00:00:54	20 00:27:03	22 02:30:14	23